

ST. JOHN'S EPISCOPAL CHURCH NEWS

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O No!

Tim Seeley needs a kidney transplant sooner than he expected. Much sooner.

His blood type, a significant factor in finding a donor match, is type O. The waiting list for a type O kidney is 4.5 years and recent tests indicate that is too long for Tim. The search for a donor has begun in earnest.

Tim and his wife, Lynnae, are not asking anyone to donate a kidney. It's just too strange, they said, and such a big decision – you just don't ask people for that kind of thing.

But perhaps you are considering being a donor. That decision is personal and difficult and must be made with as much information as possible about both the risks and rewards of living donation. There are several copies of a newsletter from the Porter Hospital Transplant Service in Denver, where Tim's case is being managed. It offers excellent information for anyone becoming an organ donor. These may be found in the narthex.

O Yes?

The first step in identifying yourself as a potential donor is to have your blood screened for compatibility. The first test is to determine your blood type – it has to be type O for Tim. This is an inexpensive test you can get at the lab at Powell Hospital without an appointment or Dr.'s orders. Two more blood tests, tissue typing (HLA) and crossmatch will help find the best possible donor. Generally, the best donors are between 19 and 55 years old.

If a match is found, the donor then goes through a series of additional tests, including a CBC, Chemistry Profile, PT and PTT (to measure the clotting ability of your blood), viral/bacterial tests, HIV, Hepatitis, Urinalysis, EKG, and others to rule out cancer or other diseases. These tests are paid for by the transplant center. The donor surgery is done laparoscopically, without a large incision. This also is paid for by the transplant center. The biggest costs are time and pain.

The reward is saving a life.

St. John's
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Blessings in a Backpack

is up and running at all three elementary schools in Powell, feeding 73 kids a week. A small team of coordinators at Union Presbyterian Church keep the project organized, although it is a community-wide effort.

Blessings in a Backpack, a national non-profit, provides elementary schoolchildren who are on the federal Free and Reduced Price Meal Program with a backpack of food to take home for 38 weekends during the school year. Backpack food includes easy-to-prepare, ready-to-eat foods, like granola bars, juice boxes, mac and cheese, and oatmeal. The difference in academics, school attendance, behavior and health

between a well-nourished child and a hungry child is profound.

In Powell, each backpack averages about \$6.50 per child; or just under \$475 per week. Both IGA and Blair's give food at cost to the program, but several items are only available at WalMart.

In 2012, St. John's supported this project with \$500 from the general budget, and we plan to continue to give to this program in 2013. You may make a donation to the Outreach Committee if you wish to be part of our gift this year, or if you wish to help with packing, come on Thursdays at 3:30 pm each week to the Presbyterian Church.

For more info:
blessingsinabackpack.org

Altar Guild:
October - Lytle and Moewes
November - DeWitt and Greathouse
December - Shared

Flowers:
Oct. 20, 27 - Wetzel
Nov. 3, 10 - Dillivan
Nov. 17, 24 - Nickles
Dec. 1, 8 - Dillivan

Coffee Hour:
Oct. 20 - D. Woods

Congratulations again to Brandi Seeley! Not only was she a Girls State delegate, but she was also chosen to attend Girls Nation in D.C. Only two girls from each state attend Girls Nation!

There will be a meeting of Thrift Shop Volunteers on Sunday, Nov. 10, during coffee hour! Bring your thoughts, ideas and suggestions.

Powell Valley Loaves & Fishes contributions are always needed

Oct 27 - D. Koelling
Nov. 3 - Doughty
Nov. 10 -
Nov. 17 - McEvoy
Nov. 24 -
Dec. 1 - Dillivan

Thrift Shop Cleaning Days:
Monday, Oct. 28, 1 p.m.
Monday Nov. 25. 1 p.m.

Birthdays
October
19 Martha Moewes

23 Grant Nickles
23 Ray O'Brien
November
6 Megan Barker
10 Brandi Seeley
11 Annis Doto
13 Monte Nickles
15 Chester & Genny Bettger
18 Laura Scarbro
23 Bill Greathouse
25 Tim & Lynnae Seeley

and appreciated. There is a basket for these contributions in the Narthex for items that will be delivered to the Annex.

The Rev. Megan Nickles (754-4218) is available at any time. Please call to make an appointment or for any emergency.

Sunday, Dec. 1 • PVCC Service, 2:30 p.m.

Daylight Savings Time ends Sunday, Nov. 3!

	October 20	October 27	November 3	November 10	November 17	November 24	December 1
Day	22	23	All Saints	25	26	Last	Advent 1
Proper	24	25		27	28	Christ the King	
Greeters	Pete Chidsey Deb Chidsey	Susan McEvoy Jim McEvoy	Josephine DeWitt Carol McCauly	Walter Johnson Adele Doughty	Rob Koelling Deb Koelling	Marthay Moewes Katy Lytle	Pete Chidsey Deb Chidsey
Acolyte	Natalie Dillivan	Walter Johnson	Grant Dillivan	Natalie Dillivan	Grant Dillivan	Dylan McEvoy	Walter Johnson
Worship Leader	Rob Rumbolz	Mary Dillivan	Jan Lenhard	Diana Anderson	Carra Wetzel	Laura Greathouse	Rob Rumbolz
Lectors	Jim McEvoy Tim Seeley	Bill Hassler Mickey Waddell	Steve Nickles Carol Bendick	Genny Bettger Susan McEvoy	Scott Larsen Carol McCauley	Deb Koelling Elaine DeBuhr	Rob Koelling Katy Lytle
Presider	Megan Nickles	Megan Nickles	Megan Nickles	Ron Lytle	Megan Nickles	Megan Nickles	Megan Nickles
Intercessor	Charlotte Patrick	Rob Rumbolz	Diana Anderson	Mary Dillivan	Laura Greathouse	Carra Wetzel	Jan Lenhard
Preacher	Diana Anderson	Charlotte Patrick	Mary Dillivan	Carra Wetzel	Megan Nickles	Diana Anderson	Charlotte Patrick
Sound	Grant Nickles	Scott Larsen	Miles Rumbolz	Scott Larsen	Grant Nickles	Scott Larsen	Miles Rumbolz
Coffee	D. Woods	D. Koelling	Doughty		McEvoy		Dillivan
Flowers	Wetzel	Wetzel	Dillivan	Dillivan	Nickles	Nickles	Dillivan